

# Whitney Cheer Pre-Tryout Parent Meeting Agenda

## April 22nd, 2019- WHS Library

### Cheer Staff Introductions -

- Nicole Ferguson – Head, Varsity (open to all grades), nferguson@rocklinusd.org
- Laura Hill - Jr. Varsity (open to Frosh/Soph/Junior)
- Erin Crews - Frosh/Soph (open to Frosh/Soph)
- Megan Lassetter - Assistant Coach
- Philippa Jimosse - Assistant Coach
- EmC Cowles - Assistant Coach

### WHAT IS WHITNEY CHEER and STUNT

- **Student 1<sup>st</sup>, Athlete 2<sup>nd</sup>**
  - Must maintain a 2.0 and no more than 1 NM at all quarter grade checks to be eligible
  - Grade check and teacher recommendations required for tryouts.
  - Freshman are required to attend study hall every Monday during season
- **Character Development**
  - Cheerleaders are role models on and off campus. Behavior expectations are high.
  - Throughout the year, we will work to strengthen character and life skills
- **Athletic**
  - The team will work hard, sweat & condition. Encourage them to keep pushing & gain new skills!

### WHAT SHOULD I KNOW ABOUT EVALUATIONS

- **2 round tryout**
  - **Pre - Sideline Material Released:** April 26th at 5pm
  - **Round 1 – Sideline Eval:** April 29th-May 1st, Varsity will be asked to demonstrate a back-handspring, a spot will be available if needed
  - **Round 2 – Stunting Placement/Eval:** May 2nd-3rd
  - **Final Team Selection-** Posted on whitneycheer.com by May 4th

### ATTENDANCE AND SCHEDULES

- Fall and winter season (unless doing other WHS winter sport)
  - cheer all FB games (with some exceptions), home BB games
- Practices and Games – All are mandatory. Refer to 2019 Important Dates
  - must notify us of unavoidable absences -- plan vacation during off weeks
- **Attendance policy** - please do not put us in a position to judge importance.

An absence is an absence and we ask that you understand the policy and supportively accept the consequences should they occur. This will be covered in detail once the team has been selected.

- any absence will result in your removal from upcoming performances (halftimes, etc) as well as being benched or removed from the team

### CHEER COST

- Refer to handout/breakdown of cheer fees
  - UCA Camp Deposit Due May 6th: \$225
  - Uniform Payment Due May 15th
  - UCA Remaining Balance Due May 27th: \$225
  - Team Contribution Due July 22nd: \$90-\$190

**Post Try out email** – Look for it! Important information on the uniform fitting and other required materials.

**Whitneycheer.com** – Check it **OFTEN** for new and updated information

**Frosh &  
Soph**



**Cheer  
Candidates**

**Jr. & Sr.**



**Cheer  
Candidates**

# New Candidates:

sign in



# Returning Candidates:



check in

**Everyone:**

grab papers